

Inclusion for Older Citizens Through COVID & Beyond

Connections are at the heart of our wellbeing. COVID has shown us just how vital people are to each other alongside the chance to pursue things that give us purpose and meaning. How can we support connections during the current situation and take them forward into the post pandemic world?

Are you supporting older people who are looking for ways to keep involved with the things that matter to them, explore new opportunities and ways to connect? At Community Circles we have “This is one of the most important developments in social care.” Professor John Bolton – National expert in preventive social care and outcomes been evolving and developing our approaches both before and during the pandemic, into many forms of “Circles” that enable older people to connect and contribute in their communities.

This course will support you to explore using person-centred approaches and tools to find out what matters to people and creative ways to enable what is practical and possible for keeping people connected and safe.

The course includes practical materials and optional on-line follow up support.

Who is the course for?

This course is useful for anyone supporting older people in a wide range of situations and services – at home, in accommodation with support, for leisure and activities. You might be a manager of a care home or an activity co-ordinator.

You might be working as a link worker or for a voluntary organisation helping people avoid loneliness through connecting people to others and to local activities. Local commissioners and development staff may be interested in this introduction to a range of solutions and approaches to build asset-based approaches.

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At Community Circles we have been evolving and developing our approaches both before and during the pandemic into many forms of “Circles” that enable people to connect and contribute in their communities. Our work is part of a wider range of “asset-based approaches” starting to radically change both social and health care.

What will you learn?

Following this course you can get started making a difference straight away.

Course participants will learn how:

A range of community and person-centred approaches delivered via various types of “Community Circle” can help support older people to access connections with purpose and meaning to them and develop community opportunities to grow these connections

To successfully develop and start to apply a range of effective approaches which don't require major resources but which can increase your impact in building connections and opportunities

A range of effective tools and approaches can be applied in practice, adding value to what you do including via use of communications technology

What else is included?

Access to a range of practical tools and templates for use along with examples and stories of successful connections Guides and materials for the development of Community Circles

Optional online support between sessions, via a course group

£395

or

£3,500 for ten places

Contact us now:

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For more info:

www.community-circles.co.uk
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Community Circles

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